

# Secrets To Controlling Your Weight Cravings And Mood Understand The Biochemistry Of Neurotransmitters And How They Determine Our Weight And Mood

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GO TO THE TECHNICAL WRITING FOR AN EXPANDED TYPE OF THIS SECRETS TO CONTROLLING YOUR WEIGHT CRAVINGS AND MOOD UNDERSTAND THE BIOCHEMISTRY OF NEUROTRANSMITTERS AND HOW THEY DETERMINE OUR WEIGHT AND MOOD, ALONG WITH A CORRECTLY FORMATTED VERSION OF THE INSTANCE MANUAL PAGE ABOVE.

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